

Preoperative Instructions

ONE WEEK BEFORE SURGERY:

Do not take:

- Aspirin or Aspirin containing products (Danon, Excedrin, Bufferin, Midol, Ascriptin, Fiorinal, Norgesic, Percodan.etc.).
- Anti-inflammatory medicines (Ibuprofen, Advil, Nuprin, Aleve, Motrin, etc.).
- Herbal preparations containing Garlic, Gingko, Ginseng. These drugs can cause excessive bleeding. You may take Tylenol for pain.
- Stop taking Coumadin **3** days prior to surgery. If taking Coumadin or any other anticoagulants, please consult with your medical doctor as necessary.
- Fill prescription for Antibiotics.

THE DAY BEFORE SURGERY:

- Be prepared for a diet of soft foods for the next 3 to 5 days. (soup, shake, jello, etc.). We suggest going to the store and stocking up on these types of foods so that you don't have to deal with it after your surgery.
- DO NOT SMOKE for 48 hours before surgery.
- Have your prescriptions filled and at home ready for you after your surgery. If these have not been written for you already please contact our office.
- Start your antibiotics as prescribed.
- If you feel ill, such as upset stomach, cold, ect., please contact our office right away.

THE DAY OF SURGERY:

- Be sure to eat prior to coming to the dental office. Try to eat light foods that won't upset your stomach.
- You prescriptions are:

_____ Instructions _____

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